

# PALMETTO DUNES TENNIS CENTER • 888-926-8707

## 2021 ADULT TENNIS PROGRAMS

| PROGRAM  | DAY & TIME   | SKILL LEVEL              | DESCRIPTION   | PRICE   |
|--|--|--------------------------|---|---|
| <b>Grand Slam Clinic</b>   | Daily<br>8:00 a.m. - 9:30 a.m.   | Intermediate to Advanced | Fundamentals of advanced stroke production, footwork & strategy; fast paced drills & ball machine workout.  | \$46 daily<br>\$43 / day for 5 or more days                           |
| <b>Competitive Doubles Clinic</b>                                | Daily<br>9:30 a.m. - 11:00 a.m.  | Intermediate to Advanced | Strokes, strategy & drills with emphasis on the tools and tactics needed for better doubles play.   | \$46 daily<br>\$43 / day for 5 or more days                           |
| <b>Competitive Edge Drills</b>                                   | Daily<br>11:00 a.m. - 12:30 p.m.   | Intermediate to Advanced | Morning sessions of exhilarating fast-paced practice with a purpose.  | \$46 daily<br>\$43 / day for 5 or more days                           |
| <b>S.M.A.R.T. Stroke Next Gen</b>                                | Daily<br>9:00 a.m. - 10:00 a.m.  | Beginner to Intermediate | <b>Stroke Media Analysis Review for Tennis.</b> Pros use the latest in super slow-mo on court video analysis. Technology allows quick visual feedback so you can maximize practice during the class. Every day a different stroke is reviewed/taught. | \$35 daily<br>\$33 / day for 5 or more days                           |
| <b>The Drill</b>   | Daily<br>10:00 a.m. - 11:00 a.m.   | Beginner to Intermediate | A variety of drills using stroke combinations are used to improve your play while highlighting each day's S.M.A.R.T. Stroke topic   | \$35 daily<br>\$33 / day for 5 or more days                           |
| <b>Daily Duo</b>   | Daily<br>9:00 a.m. - 11:00 a.m.  | Beginner to Intermediate | Combination of "Daily Drill" and "S.M.A.R.T. Stroke" for maximum improvement and terrific savings.  | \$61 daily<br>\$59 / day for 5 or more days                           |
| <b>Return of Serve Clinic</b>                                    | Monday<br>3:30 - 4:30 p.m.   | Any skill level          | An advanced serve ball machine can vary serve speeds, spin and placement to complement the how to's of better returning.  | \$35 daily<br>\$33 / day 2 or more days                               |
| <b>Serve Clinic</b>  | Tuesday<br>3:30 - 4:30 p.m.  | Any skill level          | Emphasis on stroke production of the serve. Focus on spin, placement & power. On-court video analysis helps provide excellent feedback.   | \$35 daily<br>\$33 / day 2 or more days                               |
| <b>Afternoon Drills</b>  | Wed., Thurs. & Fri.<br>3:30 - 4:30 p.m.  | Any skill level          | Drills that cover a wide variety of skills and movement patterns for a great afternoon workout.   | \$35 daily<br>\$33 / day 2 or more days                               |
| <b>Create Your Own Clinic</b>                                    | Your choice of time and pro.<br>Upon availability  | Any skill level          | Clinic designed to work on the skills and strategies that you want to improve the most. Great for teams and groups of 3 or more.  | Ranging from \$32 - \$38 / hour / person based on student : pro ratio |
| <b>Fun-Fit-Fast Cardio Tennis (March - October and Holidays)</b> | Monday - Friday<br>8:00 a.m. - 9:00 a.m.   | Any skill level          | A high tempo tennis workout with an emphasis on cardio. Burn and learn with music.  | \$30 / hour<br>\$27 / day for 5 or more days                          |
| <b>1 Hour Private</b>  | By reservation only  | Any skill level          | The latest in teaching techniques offered to focus on what you want and need to improve your game.  | \$71 (5 or more \$65)<br>\$89 Head Pro (5 or more \$84)               |
| <b>1/2 Hour Private</b>  | <b>ADULT ROUND ROBINS</b><br>Competitive fun in a social setting for our Tennis Center guests. A minimum of 3 players is required.<br>Check in at the Tennis Center at least 15 minutes prior to starting time.<br><br>Daily, 3:30 p.m. - 5:30 p.m.<br>Price: \$19 per person, \$15 / 3 or more. |                          |   | \$45 (5 or more \$42)<br>\$51 Head Pro (5 or more \$47)               |
| <b>1 Hour Semi-Private</b>                                       |  |                          |   | \$89 (5 or more \$84)<br>\$103 Head Pro (5 or more \$98)              |
| <b>1/2 Hour Semi-Private</b>                                     |  |                          |   | \$51 (5 or more \$47)<br>\$59 Head Pro (5 or more \$53)               |

**\*ADVANCE RESERVATIONS ARE HIGHLY RECOMMENDED FOR ALL PROGRAMMING TO ENSURE A SPACE. Walk-ins are welcome based on availability.**



## COMPLIMENTARY ACTIVITIES (March-October)

### WELCOME PRO EXHIBITION AND HAPPY HOUR Monday nights at 5:30 p.m. **(SUSPENDED)**

Staff members & guests gather over complimentary cocktails to watch the pros play top flight, entertaining tennis.

### DEMO DAYS • Every Tuesday at 2:30 p.m. **(SUSPENDED)**

Try out the latest in racquet technology while the pros help guide your choice and answer questions.



## ADDITIONAL SERVICES

- Racquet Stringing: 24 hour service guaranteed
- Racquet Rentals: \$5/racquet

## 2021 JUNIOR TENNIS PROGRAMS (March - April, Memorial Day - Labor Day & Holidays)

*Holiday Junior Program days and times are available online and in the pro shop*

| PROGRAM                                | DAY & TIME                                | SKILL LEVEL   | DESCRIPTION  | PRICE                                       |
|--|---|---|--|---|
| <b>Short Shots Clinic</b>              | Monday - Friday<br>9:00 a.m. - 9:30 a.m.  | Ages 4 - 5<br>(Red Ball)  | Tennis fun with motor skills development to improve hand-eye & ball striking skills.   | \$15 daily                                  |
| <b>Super Shots Clinic</b>              | Monday - Friday<br>9:00 a.m. - 9:30 a.m.  | Ages 6 - 8<br>(Red/Orange Ball)   | A more descriptive instruction of each stroke; emphasis on instruction and fun activities.   | \$15 daily                                  |
| <b>Big Shots Clinic</b>                | Monday - Friday<br>8:00 a.m. - 9:00 a.m.  | Ages 9 - 10<br>(Orange/Green Ball)  | Develop and learn basic rallying practices along with technique in a fun environment.  | \$30 daily<br>\$27 / day for 5 or more days |
| <b>HHI Jr. Tennis Academy<br/>NEW!</b> | Monday - Friday<br>9:30 a.m. - 11:00 a.m. | Ages 11 - 17<br>Beginner through advanced tournament level. Players are grouped primarily by ability. | Technique and tactics for players new to the sport and advanced tools for the ranked junior. Emphases include footwork, stroke production, strategies for singles and doubles and live play — all in a fun, healthy environment. | \$46 daily<br>\$43 / day for 5 or more days |

*\*Must sign up by 12 p.m. day of clinic to guarantee spot.*

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*Walk-ins are welcome based on availability.*

## COURT FEES

We have 19 clay courts. Four tennis courts are lighted for night play. The lighted courts may be used on a first-come, first-serve basis, anytime after dark until 11:00 p.m. All fees listed below are per court hour. Light tokens may be purchased at Pro Shop.

**Palmetto Dunes Guest \$35 before noon, \$30 after 12:00 noon Non-Resort Guest \$40**

**Walk-On Rate (1:00 - 4:00 p.m.) \$20 Lighted Clay Courts \$20**